

ATHENA VILLAGE HARMONY ASSESSMENT

After you've completed your wheel, reach out to the AV team for a personal guide to your next steps in the Village. Details below.

PURPOSE + CAREER

- Are you where you want to be professionally?
- If someone looked at your calendar, what would that tell them?
- Are you in alignment with your values?

MONEY + FREEDOM

- Are you earning enough to satisfy your needs?
- Are you financially set up for your future?
- Are you contributing to society or others?

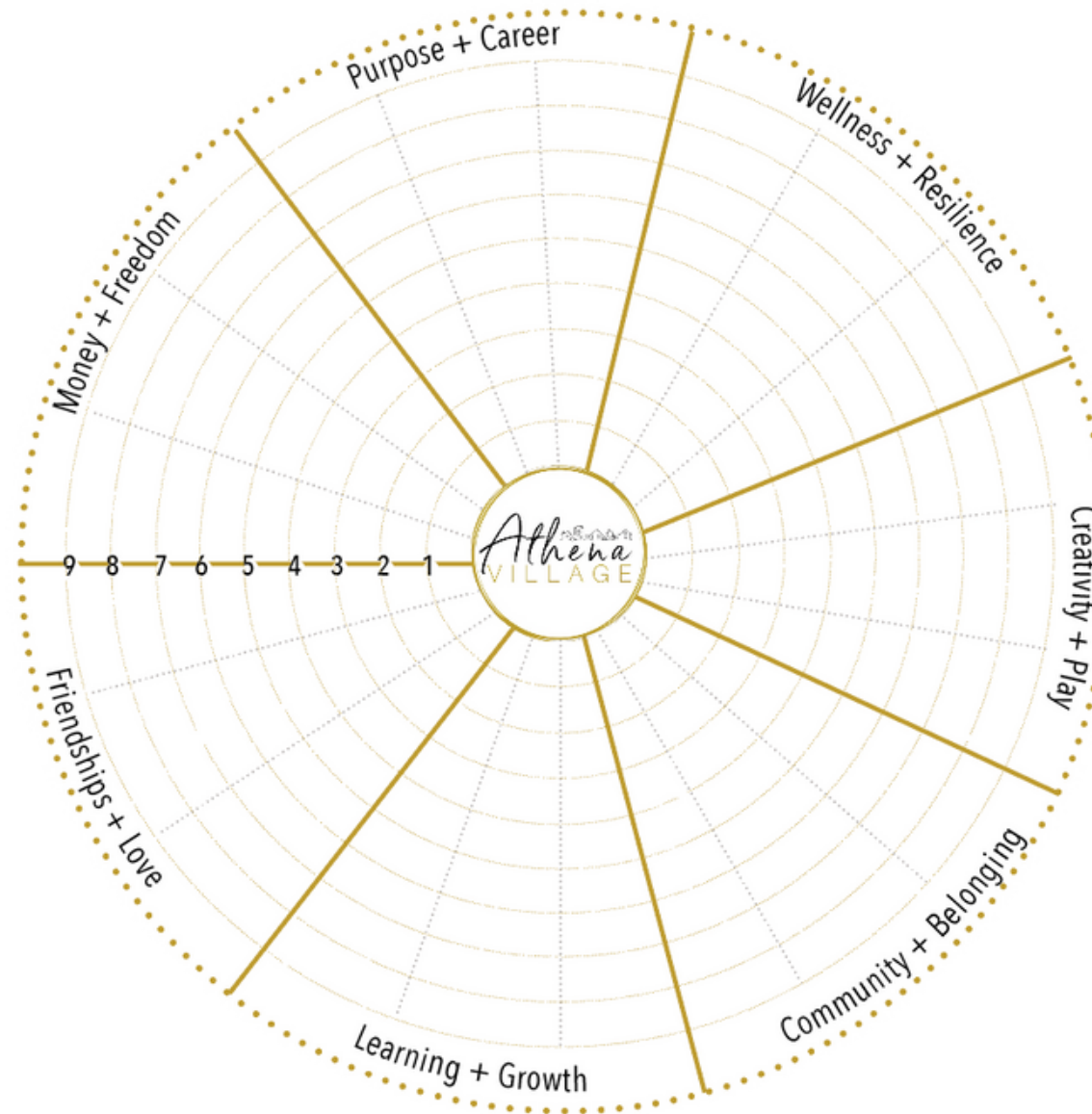
FRIENDSHIPS + LOVE

- Do you have supportive people around you?
- Do you support your people?
- Do you feel loved?
- How often are you expressing love?

LEARNING + GROWTH

- Are you trying new experiences and learning?
- Are you satisfied with your spiritual life?
- How connected are you to your inner world?

In the Village, we recognize that women have **many dimensions**, juggle many **spinning plates**, and **wear many hats**.
The **7 Districts** in the Village represent these dimensions.
A harmony among these areas can make our lives much more fulfilling.



WELLNESS + RESILIENCE

- How focused are you on personal growth?
- Are you satisfied with your direction?
- Do you respect and love and appreciate yourself?

CREATIVITY + PLAY

- Are you enjoying your life and making it fun?
- Are you doing anything creative?
- Playing with art or music?
- Do you laugh enough?

COMMUNITY + BELONGING

- Do you know your neighbors?
- Do you feel energized or icky when online?
- Are you engaging with others, getting "out there"?
- Do you crave connection with others?

Want to talk about next steps? Email your results to hello@athenavillage.com or sign up for a conversation with founder Kelly Pratt at <https://bit.ly/wheelconversation>

TIP: Nothing's ever clear-cut – you can divide up a section... i.e. **Love + Relationships**–maybe you're a 10 in the "friend zone," but a 2 when it comes to finding love